

Hop On
KANGAROO
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AUSTRALIA

**Live the dream of the sporting journey
learn the way elite sportsmen do!!
...hop on Kangaroo..Now**



Seasons - 1

(March - April)

Programme Details

DAY 01

Arrival in Melbourne

- Welcome to Melbourne.
- Afternoon Hotel Check-in.
- Relax, Rest and Recover.

DAY 02

SOCCER - Real Madrid Foundation - SDA All Day Event.

- 09:00 – 10:00 : Enrollment & Collection Of **Real Madrid Uniform**
- 10:00 – 15:00 : **Real Madrid Foundation** – Training and Game
- 15:00 – 15:30 : Afternoon Tea break and networking with the staff
- 18:30 onwards : HOK Dinner.



DAY 03

Real Madrid Foundation - SDA - Certification

- 10.00 – 15:00 : Upskilling training
- 15:00 - 15:30 : Certificate Presentation Ceremony.
- 15:30



DAY 04

TENNIS - Carlos Alcaraz Foundation All Day Event.

- 10.00 – 15:00 : Tennis training with **Carlos Alcaraz Foundation** Team.
- 15:00 – 16:15 : Return to Hotel and Rest.



DAY 05

TENNIS - Carlos Alcaraz Foundation All Day Event Contd.

- 10:00 – 15:00 : Tennis with Carlos **Alcaraz Foundation** Team.
- 15:30 – 16:15 : Certificate Presentation Ceremony
- 18:30 onwards : Return to Hotel and Rest.



DAY 06

A Day at University Of Melbourne & Melbourne Business School

- 9:15 – 9:45 : Meet at hotel lobby and transfer to **University of Melbourne**
- 10.00 – 15:00 : University Tour and **Leadership Program**
(University Of Melbourne & Melbourne Business School)
- 15:30 – 16:15 : Transfer to hotel



DAY 07

Trip to Birth place Of Ashes

- 10.00 – 15:00 : Regional Trip & toure to Birth place Of Ashes
(Great cricket tournament)
- 15:00 – 16:15 : Return to Hotel and Rest.



Programme Details

DAY 08

Trip to NPL Club Eastern Lions and Sessions with Back In motion

- 10:00 – 11:00 : Sport Rehab, injury avoidance and nutrition by back in motion
- 11:00 – 15:00 : Sport Rehab, Injury Management and Nutrition by - Back In Motion
- 15:00 – 17:00 : Soccer Game with **Eastern Lions**



DAY 09

Melbourne Day Out

- 10:00 – 15:00 : MCG and Museum Tour/Melbourne City Tour.
- 15:30 – 16:15 : Return to Hotel and Rest.



DAY 10

Tour to Melbourne Aquatic Centre and City Stadiums

- 10:00 – 16:00 : CBD (Central Business District), Aquatic Center and Stadiums Tour.
- 16:00 – 17:15 : Return back to hotel

DAY 11

CRICKET - A unique cricket experience will be provided

- 10:00 – 15:00 : A unique cricket experience will be provided
- 12:00 – 14:00 : Visit Clubs
- 14:00 – 17:00 : Play a Cricket Game.

DAY 12

GOLF - Golf clinic at The Dunes Golf Links

- 10:00 - 12:00 : Golf clinic with PRO Players.
- 12:00 - 15:00 : Play a 9 hole game.
- 15:00 – 16:15 : Return back to hotel. **Go to MCG, Watch AFL**



DAY 13

Richmond FC - Tigerland and game at MCG

- 10:00 : Go to Richmond FC & Tigerland Clubrooms
- 11:00 -16:00 : Interact with team , Learn AFL ,Football
- 16:00 : Return to hotel & freshup
- 17:00 Late : **GO TO MCG - watch Richmond Tigers VS Essendon Bombers game**



DAY 14

RUGBY - Introduction to Rugby and Closing Day

Oct 05 Sat

- 10:00 – 12:00 : Introduction to Rugby.
- 12:00 – 13:00 : Closing Dinner.

DAY 15

Depart from Melbourne and Fly out.

Oct 06 Sun

Depart from Melbourne and Fly out.

Inclusions

- Flight Tickets
- Accommodation for the duration of the program
- Transportation to and from the airport on the event day and official event-related transport.
- Networking events
- Day tours
- Certificates For all programs including
- Gift Bag - Polo Shirt/Cap/



AUSTRALIA

*schedule may change without any notice

Our Partners



FUNDACIÓN
Realmadrid

In Association With



ALCARAZ
ACADEMY

In Association With



In Association With



Advisory Board



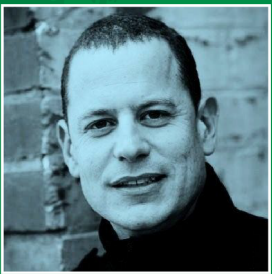
Ken Jacobs

Ken Jacobs is a renowned name in the sports administration across the globe. Ken is also a Director of Global-ISE and partner of HOK in providing this program. Ken vast experience in leadership at various levels including on startup events, product development, foundation management, strategic planning, and corporate governance in the sports industry. Recognized with a Medal of the Order of Australia (OAM) for his contributions to social inclusion. His strategic and empathetic approach has driven significant changes in business and sports, and he holds qualifications as a CPA and a Master's in Sport Business and Integrity.



Abhishek Kuma Sharma

Abhishek Kuma Sharma An environmentalist, peace ambassador, and climate change activist who cycled 60,000 km through 80 countries to promote world peace and raise awareness about global environmental issues. He also serves as a brand ambassador for Prime Minister Narendra Modi's Swachh Bharat Mission in India and has conducted numerous lectures worldwide in many raputed Universities. Currently, he is based in Salzburg, Austria, the city of mountains.



Andrew Shostaks

Andrew Shostak's Sporting career began as a standout football and cricketer. Simultaneously excelling in sports media, Andrew played a pivotal role as senior producer on Melbourne's top-rated The Footy Show, and later oversaw major events like the Australian Open Tennis and AFL broadcasts at Channel 7 and the Sydney Olympics in 2000. Transitioning into advertising, Andrew built and sold an International business over 15 years before launching a successful health medtech startup in Melbourne post-COVID. Throughout his dynamic career spanning sports, media, advertising, and healthcare technology, Andrew Shostak has exemplified leadership and entrepreneurial drive, consistently driving innovation and setting standards of excellence.



Dr. Usha Yanamandra

Dr. Usha Yanamandra is a Positive Psychologist and Global Etiquette Consultant with a Ph.D. in Social Psychology, offering 25+ years of expertise in empowering students. Dr. Usha says, "Playing sports and games help students improve their self-esteem, social skills, and confidence along with time management and discipline. Sports, helps in reducing stress, enhancing overall health & wellness too.

We thank each and every sport leader, coach and every individual and clubs for supporting our vision. Our vision is assisting adolescents to absorb leadership through sport!!



Hop on Kangaroo

Hop on Kangaroo is a distinctive sports initiative offering a once-in-a-lifetime experience. It includes various team and individual sports, leadership programs, and sport rehabilitation programs, providing opportunities for individuals to develop numerous soft skills.

OUR unique program provides an experience of a lifetime and Enhances Soft Skills through Sports refers to the use of sports and physical activities as a medium to develop essential interpersonal and intrapersonal skills. These skills include teamwork, communication, leadership, problem-solving, resilience, and empathy. By engaging in various sports and related programs, individuals can cultivate these abilities in an experiential and dynamic environment, thereby fostering personal growth and social development.

Dedication and determination lead to excellence. Enhancing these qualities through sport involves developing the right mindset, setting clear goals, and consistently challenging oneself. Sport contributes to this by defining clear, achievable goals to stay focused and motivated, practicing regularly even when it's challenging, maintaining a positive attitude especially during setbacks, visualizing success and the steps needed to achieve it, regularly seeking improvement, acknowledging and celebrating small victories to stay motivated, engaging with a community or team that shares your goals and values for mutual encouragement, and ensuring adequate rest and recovery to balance physical activity with mental relaxation and prevent burnout. By integrating these practices, you can enhance your dedication and determination not only in sports but in other areas of life as well.

Hop On Kangaroo offers a once-in-a-lifetime opportunity to experience the ultimate fusion of sport and leadership!

Hop on Kangaroo Now!!



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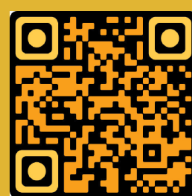
Harish Bisam

- MD and founder

For Registration Scan here



For Schools



For Students

Contact us

Australia Landline- +61386390676 | Australia Mobile - +61434099851 | india - +918143571828

www.hokangaroo.com.au | email : admin@hokangaroo.com.au

